EILEEN MCDOWELL LPC, MBA TOP INTERNATIONAL SPEAKER, THERAPIST & COACH

AN INTRODUCTION

Eileen is an experienced entrepreneur, therapist and speaker with expertise in human consciousness, personal performance, self care and motivation.

A speaker, teacher, transformational specialist and workshop leader. An expert in leadership, motivation, and personal transformation as well as finding and living your life purpose and spiritual development. She is also skilled in several healing arts and is an expert in relieving stress and conflict in business and personal life. Her message goes far beyond self care and encompasses the deepest questions of mind, body and soul connection for dream fulfillment.

FOR BOOKINGS

eileen@eileenmcdowell.com 636-578-1828



Los Angeles, California, US **Speaking Platform** www.eileenmcdowell.com



Understanding emotional awareness, health consciousness, and expanding personal growth. Dedicated her life to awaken and activate human potential. Transformational speaker, teacher, author and intuitive.

SPEAKING PLATFORM:

She motivates audiences to awaken their lives by expanding their perspective of Self, elevating their innermost feelings, emotional awareness and promotion of physical health. Her primary subject areas are in personal development and emotional healing while maximizing performance and motivation.

AWARDS AND CERTIFICATIONS:

- Two-Time Entrepreneur --Serving as Founder and CEO of Each Successful Startup
- Two-Time Masters Degree Recipient
- Licensed Professional Counselor
- Certified Hypnotherapist
- National Charity League Member
- Top Motivational Speaker
- YouTuber

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EILEEN MCDOWELL TOP INTERNATIONAL SPEAKER, THERAPIST & COACH

EILEEN IS AVAILABLE FOR ALL OF YOUR TOP EVENTS

Keynotes Conferences Breakout Sessions Workshops Leadership Development

Sales Training Training/Retreats **On-site Meetings** Coaching/Consulting Any Event Needing A Top Speaker

The Ideal Professional Speaker for Your Next Conference or Event!

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Inspire, educate and motivate for worldclass success!

THE IDEAL SPEAKER FOR YOUR NEXT **CONFERENCE OR EVENT:**

- Therapeutic Methodology to Improving Depression and Anxiety
- Self-esteem and Confidence
- Self-awareness Integration to Create the Life You Want
- Leadership

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- The Harmful Effects of Alcohol
- How to Combat Harmful Effects of Social Media
- Motivation vs. Expectation
- Inner Journey to Healing, Enlightenment and Purpose
- Goal Achievement

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EMOTIONAL INTELLIGENCE FOR PROFESSIONAL & PERSONAL SUCCESS

95% of our thoughts are cotrolled by the subconcious. It is a holographic archiving computer that remmebers absolutely every moment of our exsistance with untapped power. Expanding the subconscious increases emotional intelligence to take control back over your emotions, better handle stress, personal and professional relationships, and live a healthier, happier, more empowered life. In this presentation, Eileen will dive into the core elements of emotional intelligence and how to use this untapped super power ot live your best life.

UNLOCK YOUR HIDDEN POTENTIAL FOR LONGTERM SUCCESS

Goals are ironically one of the most difficult things to attain. Most struggle to hit the mark with personal goals, professional goals, weight loss goals and so on. Lack of basic mental and emotional principles for success is the reason health clubs are packed in January and comfortably spacious by March. Most lack the key ingredients to go 100% of the way. This presentation will uplift and inspire successful goal achievement.

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Speaking Platform

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Bring out the most confident version of yourself in all areas of your life. Are you intentional with your actions? Do you get the result that you intend to get?

Most of the time we are running on automatic pilot with an empty gas tank and are not clear on how to manage our passions, thoughts, and emotions. This misalignment leads us away from our personal superpowers loosing sight of our true talents, resulting in emotional immaturity, declining confidence and lacking motivation. Learn simple steps to evaluate, clear emotional baggage and act intentionally toward your goals to catapult success.

MY MISSON:

"Most Speakers Just Speak to Audiences! My Goal is to Make You Look GREAT By Giving Your Audience an AMAZING Experience They'll Always APPRECIATE!"



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